

LODORE FALLS SPA NEWSLETTER

Enjoy a wide range of Lake District Beauty treatments and make the most of the seasonal offers at the Lodore Falls Spa:

ANTI-AGING FACIAL £10 OFF

During February and March why not dust off the winter blues with this luxurious anti-aging facial and save £10. £65 now £55

FREE TREATMENT 4 FOR THE PRICE OF 3

When you buy 4 health and beauty treatments you will receive the cheapest treatment FREE! (terms and conditions apply)

SPECIAL OFFERS

FREE PRODUCT

Buy the Elemis Moisture Duo Day Cream and receive the Night Cream FREE. (Offer ends 31/3/10 - subject to availability)

£5 OFF VANI-T SPRAY TAN

SPECIAL OFFER £15
Normal Price £20
valid until 31/3/10

UNIVERSAL CONTOUR WRAP - LOSE 6" IN 2 HOURS!

When you struggle to get into your little black dress this will make a real difference - what's more, it is cheaper than buying a new dress! You are guaranteed to lose 6" and it is a great detox to kick start your diet.

1 treatment £55
Course of 3 treatments £145

Also available as a gift voucher.



Join the club & GET FIT FOR SUMMER

Join the Lodore Falls Leisure Club before the end of March and enjoy 12 months for the price of 10 and we will waive the £50 joining fee. That's £229 or you can pay by monthly direct debit (normal price £275 plus joining fee).

Member's bonus

10% off beauty treatments - visit our Spa to find out more.
10% off in Café culture - enjoy an evening meal after your workout



CAFÉ CULTURE 10% member bonus

Why not unwind after your workout with free magazines and newspapers. Take advantage of our special member discount - 10% off our bar menu and specials board which includes:

Sunday/Monday - Traditional Roast Lunch
Tuesday/Wednesday - Pie Night
Thursday/Friday - Fish and Chips
Saturday - Curry Night

VANI-T SPRAY TAN

This is the ROLLS ROYCE of TANNING, giving you a deep, honeyed glow - and you can wash it off in ONE hour! This tan also has potent age fighting, skin rejuvenating and skin firming properties making it a fantastic product to create that just been away without leaving the country! No airport queues, just a one hour tanning treat!





30 MINUTE CONSULTATION

WITH THE ELEMIS SKIN LABORATORY

18th-23rd APRIL

Take a closer look at your skin and help keep your radiance!

We have teamed up with Elemis to provide special skin care therapy sessions for our clients with one to one 30 minutes consultations running from 18th - 23rd April.

The two stage consultation includes facial mapping with photo's you can keep, followed by skincare advice and the chance to test the products recommended for your NEW daily care routine. Booking is essential. £15 per person - redeemable against 2 products

Facial mapping looks at your skin above and below the surface, measuring:

Wrinkles

UV spots

photo damage from over exposure to sun

Pores and spots

Skin tone variation

Porphyryns

bacteria on the skin

GIFT VOUCHERS MAKE A GREAT PAMPERING PRESENT

All our pamper experiences include lunch and unlimited use of the gym, sauna, outdoor hot tub plus the indoor and outdoor swimming pools.



Time to Revive Day - includes 1 treatment - £50

Time to Relax Day - includes 2 treatments - £80

Time to Indulge Day - includes 4 treatments - £135

* treatments depend on package chosen

GET THE GIRLS TOGETHER FOR A LADIES PAMPER DAY - ONLY £69!

We regularly have groups of ladies booking pamper days as a way to meet friends or network with colleagues.

What better way to unwind than with a group of friends on a pamper day with the chance to stay over to make the most of your trip? Dress down in the fluffiest of dressing gowns and slippers. There's full use of the gym, pool, sauna and outdoor hot tub in between 3 essential mini treatments: a back massage, facial and nail polish with complimentary drinks, fruit, lunch with wine and a mini polish to top up your nails when you get home. Ladies Pamper Day £69.

You can stay over for dinner bed and breakfast from £75 and we'll give you a complimentary bottle of sparkling wine in your room so you can relax after your treatments.

Special Group booking offer

Thursday 22nd April groups of 6-9 people can enjoy wine and nibbles as well as individual consultations. £15 per person - redeemable against 2 products



For more information about our Spa offers, contact Christine Bibby, Spa Manager on 017687 87722

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